### Peaks of Interest: Time Differences in Flood Peaks and Implications for Natural Flood Management Implementation

Andrew Tabas<sup>1</sup>, Ian Pattison<sup>1</sup>, Leo Peskett<sup>1</sup>, Lindsay Beevers<sup>2</sup> <sup>1</sup>School of Energy, Geoscience, Infrastructure and Society, Heriot-Watt University, EH14 4AS <sup>2</sup>Institute of Infrastructure and Environment, School of Engineering, University of Edinburgh, EH9 3FG adt2001@hw.ac.uk www.hydronationscholars.scot



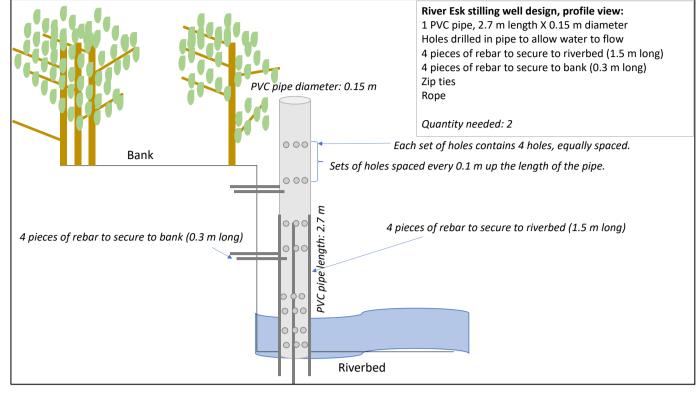
Hydro Nation Scholars Programme

## Introduction

- Natural Flood Management (NFM) uses natural processes to manage flood risk.<sup>1, 2</sup>
- There is evidence that NFM can slow the flow of water and reduce flood peaks in small catchments during small storms; more data is needed for larger catchments and larger storms.<sup>3, 4</sup>
- The time difference between flood peaks is an important consideration when determining where to implement NFM.<sup>5</sup>

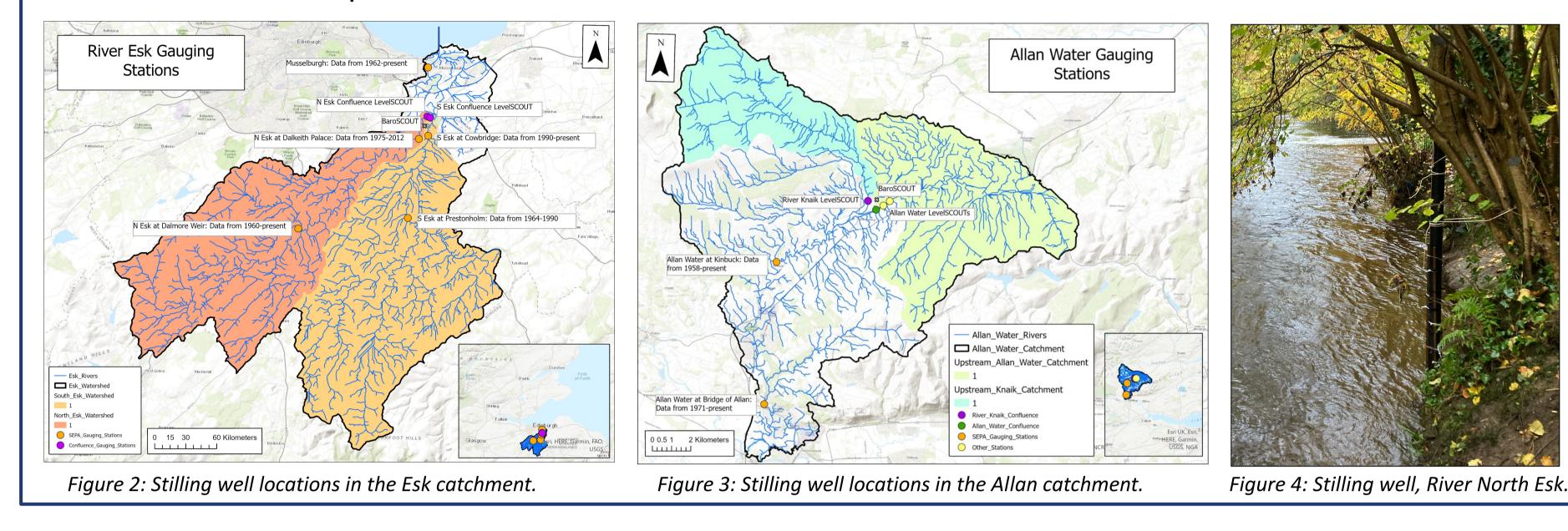
#### Methods

- Monitoring equipment installed at these key places:
  - River North Esk-River South Esk confluence
  - Allan Water-River Knaik confluence
- Aqua4Plus software used to calculate water levels. ullet
- Peak Over Threshold<sup>6</sup> analysis using these thresholds:
  - Esk: All peaks over 0.8 m on the N Esk or S Esk
  - Allan Water: All peaks over 1.0 m on the Allan or Knaik



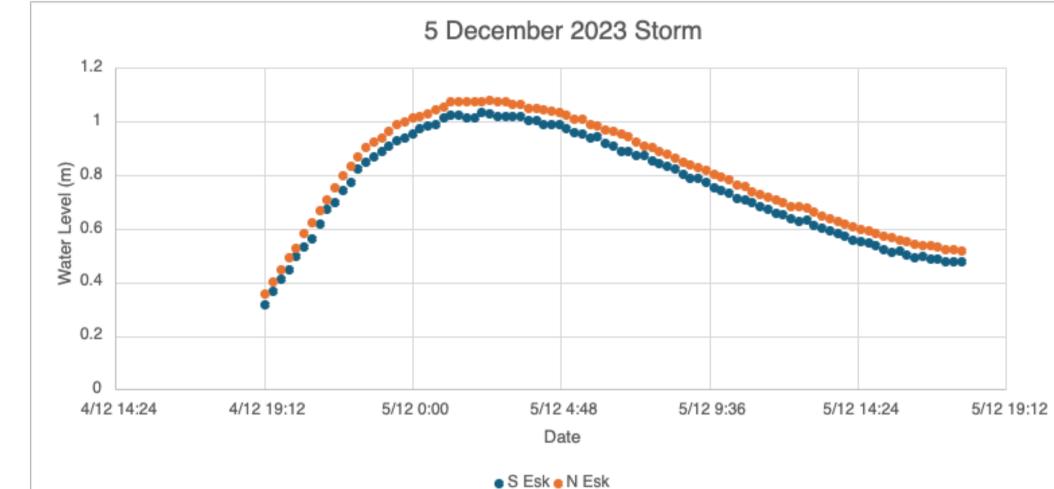
*Figure 1: Stilling well design. Designs based on stilling wells* built by Copper Lewis.<sup>7</sup>

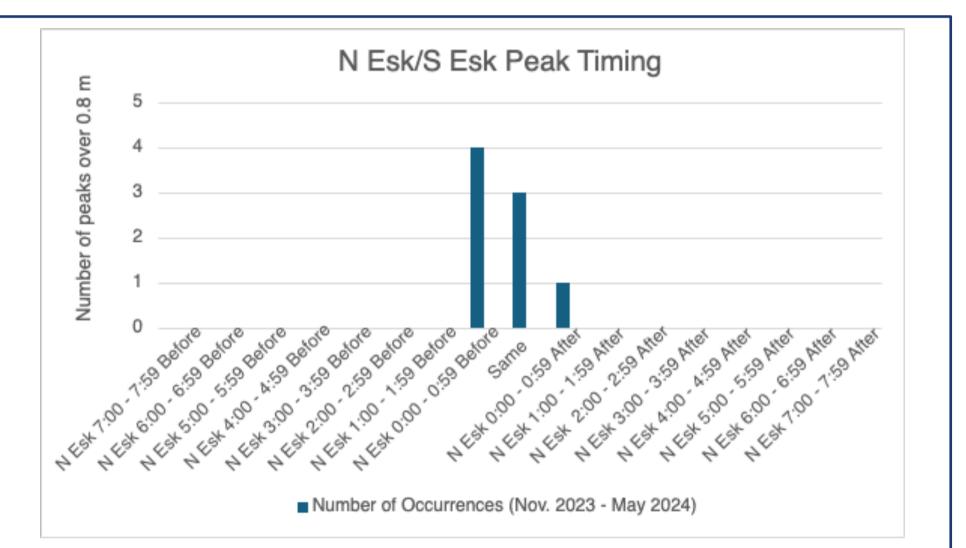
- **Research questions:** 
  - What is the time difference between flood peaks at key confluences in the study catchments?
- What are the implications of these differences for *locating NFM in the right place?*
- Case studies:
  - River Esk (catchment area: 328 km<sup>2</sup>)
  - Allan Water (catchment area: 225 km<sup>2</sup>)



### Results

- At the North Esk-South Esk confluence, 8 storms exceeded the threshold of 0.8 m between November 2023-May 2024. All peaks were within an hour of each other, although which river peaked first varied.
- At the Allan Water-River Knaik confluence, 7 storms exceeded the threshold of 1.0 m between November 2023-March 2024. The time difference between the peaks was up to 7.25 hours. In the data collected so far, one tributary did not consistently peak before the other in both catchments.





Monitoring is ongoing in the two catchments.

Figure 5: On 5 December 2023, the N Esk peaked first by 45 minutes.

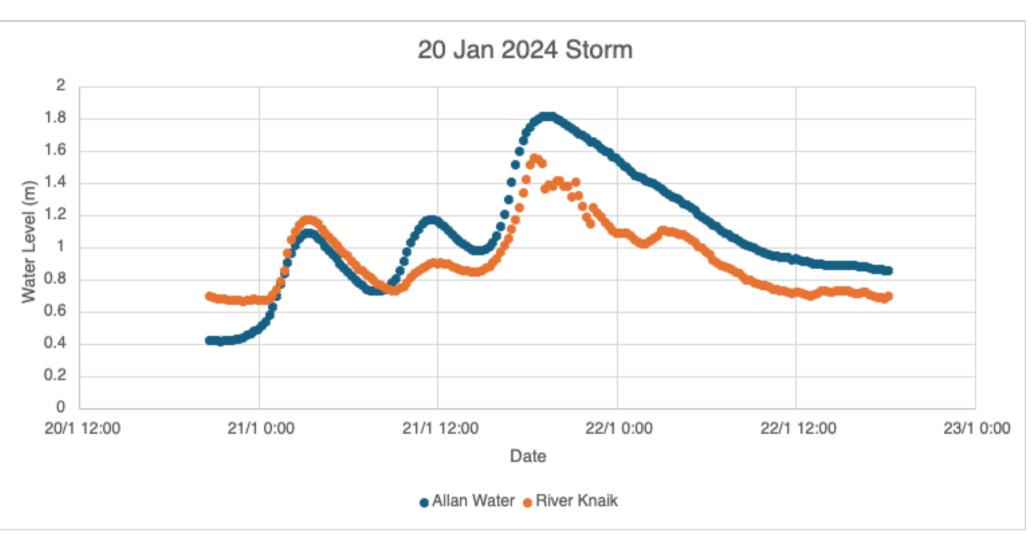


Figure 7: In the storm beginning on 20 January 2024, the Knaik peaked first by 30 minutes.

Figure 6: The North Esk and South Esk peaks occurred within an hour of each other in the events in this dataset.

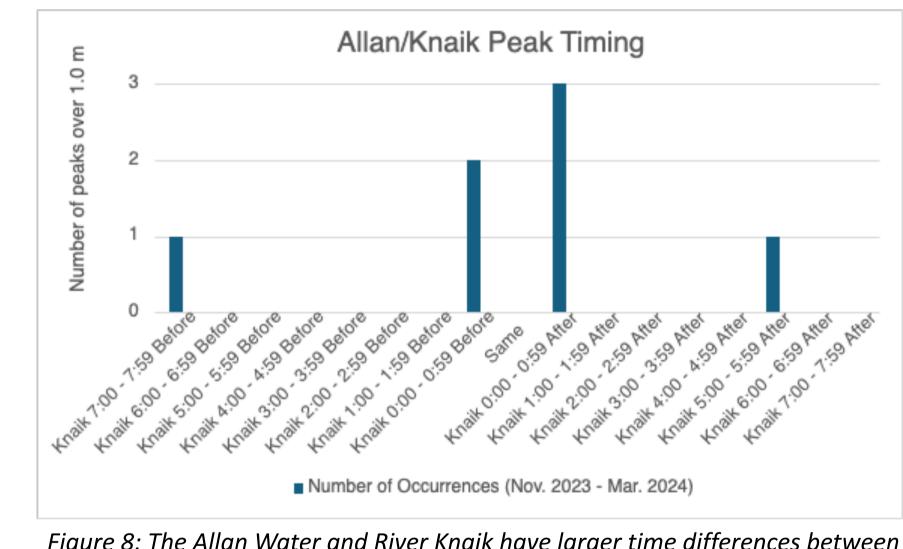


Figure 8: The Allan Water and River Knaik have larger time differences between peaks in this dataset.

## Discussion

- It is important to avoid synchronizing peaks when implementing NFM.<sup>5</sup> This dataset shows variability in which tributary peaks first. More monitoring is needed to understand peak time differences across a larger number of storms.
- Modelling is needed to determine the ideal location for NFM in the catchment.
- This research is significant because there is widespread interest in

# References

<sup>1</sup>Cohen-Shacham, E. et al. (eds) (2016) Nature-based solutions to address global societal challenges. IUCN International Union for Conservation of Nature. Available at: https://doi.org/10.2305/IUCN.CH.2016.13.en.

<sup>2</sup> Forbes, H., Ball, K. and McLay, F. (2015) 'Natural Flood Management Handbook'. Scottish Environment Protection Agency. Available at: https://www.sepa.org.uk/media/163560/sepanaturalflood-management-handbook1.pdf.

<sup>3</sup> Dadson, S.J. et al. (2017) 'A restatement of the natural science evidence concerning catchmentbased "natural" flood management in the UK', Proceedings of the Royal Society A: Mathematical, Physical and Engineering Sciences, 473(2199), p. 20160706. Available at:

understanding where and when to implement NFM to reduce flood impacts in the UK and internationally.

#### Next Steps

- Update the data loggers to collect data every 5 minutes instead of every 15 minutes for increased detail. Continue to collect data regularly.
- Incorporate Scottish Environment Protection Agency (SEPA) data on water levels, rainfall, and storm direction.

https://doi.org/10.1098/rspa.2016.0706.

<sup>4</sup> Black, A. et al. (2021) 'Natural flood management, lag time and catchment scale: Results from an empirical nested catchment study', Journal of Flood Risk Management, 14(3), p. e12717. Available at: https://doi.org/10.1111/jfr3.12717.

<sup>5</sup> Pattison, I. et al. (2014) 'The role of tributary relative timing and sequencing in controlling large floods', Water Resources Research, 50(7), pp. 5444–5458. Available at: https://doi.org/10.1002/2013WR014067.

<sup>6</sup> NRFA (2024). 'Peaks Over Threshold (POT).' Available at: https://nrfa.ceh.ac.uk/peaks-overthreshold#:~:text=Definition,FEH%20Volume%203%2C%20section%2023.5.

<sup>7</sup> Lewis, C. (2023). 'Discussion with Copper Lewis.'

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